

2022 Practice Schedule							
Week Of	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Dress Up Day
Aug 22-27	Parent Meeting	Practice	Practice	Practice	Mile TT	OYO	Fav Color
Aug 29-Sept 3	Practice	Practice	Race Route TT	Practice	Pictures	OYO	Fav Team
Sept 5-10	No School-OYO	Practice	Practice	Race Route TT	No Practice-athletics only	Run the Dog Pound	Tie-Dye
Sept 12-17	Practice	Practice	WMS Meet	No Practice-athletics only	No Practice-athletics only	OYO	Patriotic
Sept 19-24	Race Route TT	Practice	Anderson Meet/ Mag West-Top 10	No Practice-athletics only	No Practice-athletics only	OYO	Crazy Socks
Sept 26-Oct 1	Practice	Practice	Practice	Montgomery Meet- No morning practice	Nike South-Top 10, No morning practice	OYO	Rep your High School
Oct 3-8	Karate TT	Practice	Practice	Practice	No School-OYO	Round Top	Hat/Hair
Oct 10-12	No School-OYO	Parent Run	District				Go Gold
Dress Up Day							
Meet Day							
OYO=On Your Own							